



Coach's Resource List

Emergency

911

National Suicide Prevention Hotline

1-800-273-8255

National Child Abuse Hotline

1-800-422-4453

National Domestic Violence Hotline

1-800-799-7233

SAMHSA National Helpline

1-800-662-4357

Emergency Shelter Hotline

1-800-RED-CROSS

<http://www.psychologytoday.com>



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