

# Capabilities Statement

### About

Sophia Casey Enterprises is a global speaking, training, and executive coaching firm with expertise in providing customized solutions for public and private-sector clients. We offer over 30 years of expertise in several areas including: keynote speaking, training, facilitation, executive coaching, and leadership development. Our recurring clients experience results tied to their mission and values and consistently remark that working with us has a profound impact on performance and productivity.

## Core Capabilities

#### **DIVERSITY & INCLUSION**

- Partner with key leadership to provide guidance on diversity, equity, and inclusion matters.
- Lead the implementation of strategic initiatives to support a culture of diversity, equity, and inclusion including designing programming that aligns with the organization mission, values, and strategic goals.
- Design and evaluate training programs on topics including cultural competency, gender equality, disability, and sexual harassment, to support increased awareness and compliance.

#### **EXECUTIVE COACHING**

- Individual Coaching for Executives in Executive Core Competency Areas
- Coaching for Front-line/Senior Managers
- Individual / Group Coaching for Staff
- Coaching Tools for Managers
- Goal Setting and Project Planning for Leaders

# LEADERSHIP DEVELOPMENT PROGRAMS & TOOLS

Development of Leadership Programs
Covering Leadership Core Competencies

- Leadership, Ownership and Accountability (LOA) Momentum Series
- Human Resources Development
- Current and Aspiring Leader Assessment

# HIGH PERFORMANCE TEAM TRAINING & DEVELOPMENT

- Effective Teams / Team Building
- Performance Assessment
- Professional Development Courses
- High Impact Customer Service
- Employee Engagement
- Organization Change Management
- Work Process Improvement
- Effective Communications
- Problem Solving for Leaders
- Conflict Resolution

#### **FACILITATION & SPEAKING**

- Expert Classroom and Virtual Facilitation for Meetings, Courses, and Conferences
- Engaging Speaker for Conferences

"Sophia's facilitation, training and executive coaching backgrounds were crucial in helping to assess our strengths as well as have a real conversation to identify our blind spots, communication breakdowns and gaps in our workflow process. We were able to shift our relationship to ownership and accountability while creating a plan of action where staff members are eager to champion the change that is needed to deliver the high-quality customer service expected in the IT industry. If you are looking for a way to capitalize on your team's strengths, build a plan to improve your organization's bottom line results and participate in leadership development program like none you've ever experienced, you will be doing your organization an unbelievable service by working with Sophia."

## Highlight Of Team Successes

- Former Director of First Impressions for the former Vice President of the United States' task force
- Implementation of an enterprise-wide training curriculum for an organization of more than 10,000 employees
- Driver of process improvement plans for law enforcement, IT, and educational organizations
- Developer of processes to improve employee engagement and customer

- satisfaction ratings for large publicsector organizations
- Author of the Ease & Flow Journal (Amazon, Barnes & Noble, Walmart)
- Featured in Success magazine, on Fox45, SirusXM and several national radio shows.

### Partial List of Clients





















### Company Profile

NAME: Sophia Casey Enterprises

DESIGNATIONS: Award Winning Speaker;

(PCC); Minority Woman Owned Business; SAM Verified Contractor

**EXPERIENCE:** More than 30 years of expertise

in education, training and coaching

TEAM: Coaches, Consultants, Trainers

Facilitators, Strategic Planners



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